

A former US Army officer, James Williams is a self-defense expert with over 45 years experience in numerous martial arts disciplines. He's the founder of The System of Strategy, a unique approach to unarmed combat based on the ancient samurai system of close quarters combat. He's also an internationally recognized trainer for special operations units, law enforcement organizations and government agencies.

If you were to attend one of James' personal defense seminars, you'd learn that you should be carrying a tactical flashlight with you every day. You'd also learn that a tactical flashlight isn't just any old flashlight. It's a small, powerful and extremely durable flashlight originally designed for police and military use and since has become a popular self-defense tool among civilians.

Here are 7 reasons why you should carry a tactical flashlight for self-defense:

1. Illuminating a dark area with a flashlight prevents a hiding attacker from surprising you.

Adopt this mindset: all dark holes contain threats. If you see a "dark hole"—any area that you can't look into and see what's there—shine your flashlight on it. "Light allows you to perceive threats, to know whether you should go into certain places," James says. "The only way you should walk by a dark area is if it's been cleared, and the only way to clear it is with eyes-on. That means you have to have light. Walking by and getting surprised is not an option."

2. Shining light directly in the eyes of an attacker is an effective self-defense strategy.

A small high intensity beam shown in the eyes blinds an attacker and if his eyes are night adapted, it can be very painful, giving you the opportunity to get away.

Also, blinding an attacker with a flashlight beam can give you the advantage if you need to fight back.

3. In places where weapons are banned, flashlights are usually welcome.

Carry it with you on airplane and no worries if it's in your purse when you drop your kids off at school or pick up a package at the post office. You can carry your flashlight anywhere, anytime.

4. No special training is required to use a flashlight.

Can you press a button? Then you're good. :)

Seriously, though, carrying a flashlight gives you another option. I'm getting better at shooting my gun (read more about that here), and even though I have a concealed carry permit, I lack the confidence needed to feel comfortable carrying my gun. Right now, a tactical flashlight is a tool I feel comfortable with.

5. A tactical flashlight can be used as an improvised weapon.

Some flashlights have a serrated edge or ridges on the bevel. If you were forced to fight back, strike your attacker with this edge as hard as you can. It's gonna hurt.

6. Flashlights are discreet.

Nothing raises eyebrows more than reaching into your purse for your wallet at the checkout counter and coming out with your survival knife instead. Knives, guns, or pepper spray may attract unwanted attention, where as if someone catches a glimpse of your flashlight, they'll think nothing of it.

7. Flashlights are versatile tools.

Thwarting attacks isn't the only thing tactical flashlights are good for. Having one in your pocket can be handy when the power goes out, your car breaks down at night or you're in an emergency situation where you need light to escape.

An advertisement for Pulse TV featuring a tactical flashlight. The flashlight is shown in a close-up, angled view, with its lens illuminated. The background is dark. Text overlays include: "The New, Best-Selling" in white, "Flashlights Department" in large white letters on a blue background, "Pulse tv.com" in white, "Deals Up To 85% off" in white and yellow, and "Check It Out!" in white on a yellow background.

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Now that you know why tactical flashlights are a must-have tool for self-defense, the next step is choosing one to carry and there are plenty out there to choose from.

We have a list of all kinds of flashlights including tactical and extremely bright ones all specially priced. [Visit Here](#)

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