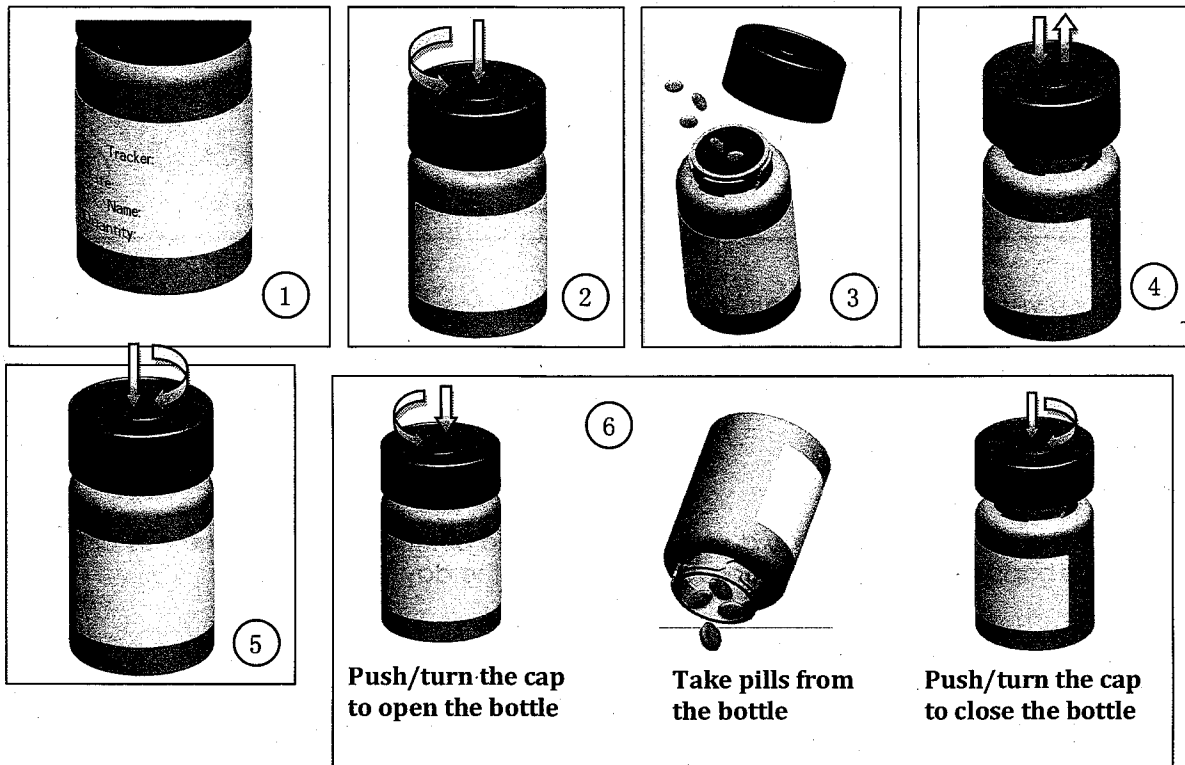# Indexing Pill Bottle

Thank you for purchasing the indexing pill bottle set.

This pill bottle cap allows you to track each day and how many times a pill is taken. The day and time information is shown in the index window on the top of the cap. The day and/or times will be advanced after the cap completes a cycle of opening and closing the bottle. The double action cap (push and turn) is a Child Proof cap.

Directions for Use:

1. Write the necessary information on the label outside the bottle to indicate what pills are inside, the quantity, and the date.

2. Push down and turn the cap to open the bottle.

3. Fill the bottle with your pills.

4. Place and align the cap onto the bottle so that it can be pushed downward. Push the cap down and let it spring up to set the day and time. Repeat as many times as necessary until the day and times desired to start are in the index window.

5. Push the cap down and turn to close the bottle. The window should represent the time you need take the next pill.

6. Please always be very mindful and careful to use the bottle properly so you always have the correct date and time in the window. Always check that it has changed after each dose is taken so you will always have an accurate accounting of each dose.

Push/turn the cap to open the bottle

Take pills from the bottle

Push/turn the cap to close the bottle

Important Note:

Don't open and close the bottle if you do not need to take a pill. This will change the day and time. If this occurs please follow steps 4 and 5 to reset the day and time.
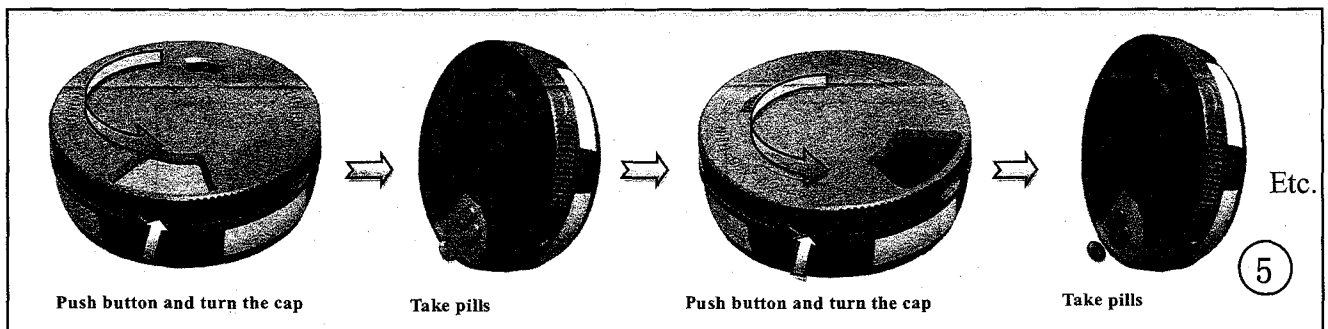
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Indexing Multi-Pill Case

Thanks for purchasing the indexing multi-pill case

This Indexing Multi-Pill Case allows users to track their daily pill intake. The pill case consists of 4 compartments. Each compartment can store a different pill. **This pill case is suitable for the user who needs to take 4 or less different pills one time a day.** The day displayed in the index window will be advanced after the cap completes a full rotation to the next day. The double action (push and rotate) to access the pills makes it a Child Proof pill case

Directions for Use:

1. Push the button on the side of the cap to rotate the cap until the button clicks and you get to the first opening.

2. Fill the compartment with one kind of pill. Repeat this step for each of the compartments.

3. Write down the pill information on the respective labels outside the case for each compartment.

4. Rotate the cap (following step 1 as many times as necessary) to set up the day desired to start in the index window. Once you have completed the rotation of all four compartments the cap will advance the next day.

5. Follow the steps continuously to take all the pills daily.

| Push button and turn the cap | Take pills | Push button and turn the cap | Take pills |

6. Please always be very mindful and careful to use the bottle properly so you always have the correct date and time in the window. Always check that it has changed after each dose is taken so you will always have an accurate accounting of each dose.

Important Note:

Don't rotate and open the compartment if you do not need to take a pill. This will change the day displayed in the index window. If this happens please follow above steps to reset the day and time.

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