

JB5859 HOT / COLD BACK SUPPORT WRAP

Please read instructions carefully before use.

Heating Instructions: To use as a heated Wrap, lay the Hot/Cold Back Support Wrap on a towel and place into your microwave. Heat for 1- 1½ minutes and remove from the microwave. Before using, check the warmth of the Wrap. If more warmth is desired, re-heat Wrap for an additional 15 seconds. **Do not microwave Back Support Wrap for more than a total of 2 minutes.** Never leave Wrap unattended in microwave. DO NOT OVERHEAT. Note that microwave times will vary depending on brand and wattage.

As with any object placed in the microwave, heating the Wrap for more than the recommended time can create a potential fire hazard.

Note that there may be some moistness on the Wrap after being heated. Please make sure to lay the Wrap on a water resistant surface.

Cooling Instructions: To use as cold therapy, put the Back Support Wrap into a plastic bag and place into your freezer for at least 1 hour.

Use Instructions: Check the temperature of the Back Support Wrap with your hand to ensure that the Wrap is not too hot or cold. If ok, simply wrap around your back and wear as needed.

Reheating: If the Wrap is still warm but needs to be warmer, place in the microwave for 15 seconds. If needed, the Wrap may be heated for an additional 15 seconds to obtain full heat. **Do not reheat for more than 30 seconds total.**

Re-Cooling: Same as cooling instructions above.

After Use: Cool the wrap completely in a sink, bathtub, metal pail or other hard, **non-flammable surface.** Do not leave the warm Wrap on bedding, countertops, or other flammable surfaces. When completely cool, store in a cool and dry place.

Care Instructions: Do not wash the Back Support Wrap in the washing machine. Wipe the outer shell clean with water. Air dry or fluff dry with a hair dryer. Do not use bleach. Do not submerge the Wrap in water.

CAUTION: Always check the temperature of the Wrap to ensure that the heat or coldness is okay before placing it directly on your body.

WARNING: This is NOT a toy. Parental supervision advised. Not recommended for children under 3 years of age or for use on disabled persons. If contents are leaking, discontinue use and discard.

Manufactured for: Jobar International Carson CA.

Made in China 06/10